

O'Malley Senior Center & Annex

SUMMER 2024 Course List

Registration Begins: May 21st, 2024

Course ID# & Section #	Course Title	Start Date	End Date	Instructor	Class Location (Subject to Chg.)	Beg. Time	End Time	Days
HTH-947-313	Integrative Strength/Flex II Mat Yoga	07/08/24	09/16/24	Harty, Sharon	ANNEX	09:00AM	10:00AM	M
BNS-901-301	Clothing I: Design, Sew & Sell Intermediate Garment Sewing	07/08/24	09/16/24	Richardson, Joyce	ANNEX	09:00AM	12:00PM	M
ERC-915-302	Mind Games and Brain Builders	07/08/24	09/16/24	Bruce, Peggy		09:30AM	11:00AM	M
HTH-947-328	Integrative Strength/Flex II Mat Yoga	07/08/24	09/16/24	Serinis, Gretchen	ANNEX	01:00PM	02:00PM	M
BNS-901-302	Clothing I: Design, Sew & Sell Beginning Sewing	07/09/24	09/17/24	Senk, Pauline	ANNEX	09:00AM	12:00PM	T
HTH-939-311	Adapted Physical Education II Chair Yoga	07/09/24	09/10/24	Harty, Sharon		12:45PM	01:45PM	T
HTH-944-302	Weight Training Older Adults	07/09/24	09/17/24	Halley, Deborah	ANNEX	01:00PM	02:00PM	T
HTH-900-301	HLOA: Ballroom Dance	07/09/24	09/10/24	Pabon, Carlos		02:00PM	03:45PM	T
HTH-945-316	Functional Conditioning 3 Circuit Training Stations	07/09/24	09/10/24	Johnson, Margaret	ANNEX	02:15PM	03:15PM	T
HSY-910-301	Introduction to China	08/07/24	09/04/24	Nedved, Gregory		09:00AM	10:30AM	W
BNS-902-302	Clothing II: Dsgn, Sew & Sell Intermediate Sewing	07/10/24	09/18/24	Senk, Pauline	ANNEX	09:00AM	12:00PM	W
HTH-943-311	Cardiovascular Conditioning Zumba	07/10/24	09/11/24	Krause, Mary	ANNEX	10:30AM	11:30AM	W
HTH-939-322	Adapted Physical Education II Armchair Exercise	07/10/24	09/11/24	Schummer, Judith		10:30AM	11:30AM	W
LGE-967-304	Beginning Spanish	07/10/24	09/11/24	Shaw, Cristiane		12:00PM	01:30PM	W

HTH-939-324	Adapted Physical Education II Chair Yoga	07/10/24	09/11/24	Serinis,Gretchen	ANNEX	01:00PM	02:00PM	W
LGE-982-301	Brazilian Portuguese	07/10/24	09/11/24	Shaw, Cristiane		01:30PM	03:00PM	W
SLG-903-302	Conversational Sign Language II	07/11/24	09/12/24	Bruce,Peggy		09:30AM	11:00AM	TH
HTH-904-303	HLOA: Line Dance Intermediate	07/11/24	09/12/24	Jose,Sarah	ANNEX	10:30 AM	12:00PM	TH
HTH-943-309	Cardiovascular Conditioning Latin Cardio Dance	07/11/24	09/12/24	Infante-Ludlum,Sandra		11:00AM	12:00PM	TH
LGA-937-301	Beginning Spanish-Part 2	07/11/24	09/12/24	Shaw, Cristiane		12:00PM	01:30PM	TH
HTH-939-312	Adapted Physical Education II Chair Exercise w/ Light Weights	07/11/24	09/12/24	Infante-Ludlum,Sandra		12:15PM	01:15PM	TH
LGA-902-301	Beginning Italian	07/11/24	09/12/24	Shaw, Cristiane		01:30PM	03:00PM	TH
BNS-902-301	Clothing II: Dsgn, Sew & Sell Advanced Garment Sewing	07/12/24	09/13/24	Richardson,Joyce	ANNEX	09:00AM	12:00PM	F
MUC-904-301	World of Opera	07/12/24	08/30/24	Cahill,John		10:00AM	12:00PM	F
HTH-904-311	HLOA: Line Dance Intermediate	07/12/24	09/13/24	McVitty,Kate		12:30PM	02:00PM	F
HTH-939-323	Adapted Physical Education II Chair Yoga	07/12/24	09/13/24	Serinis,Gretchen	ANNEX	01:00PM	02:00PM	F
HTH-926-306	Functional Conditioning II Circuit Training	07/08/24	09/16/24	Schummer,Judith	ANNEX	11:00AM	12:00PM	M F
HTH-929-301	Functional Mobility/Balance II Intermediate Tai Chi	07/15/24	09/16/24	Colestock,Jackie		02:00PM	02:55PM	M W
HTH-929-302	Functional Mobility/Balance II Beginning Tai Chi	07/15/24	09/16/24	Colestock,Jackie		03:00PM	03:55PM	M W
HTH-925-302	Functional Conditioning I Morning Stretch	07/08/24	09/16/24	Schummer,Judith		08:30AM	09:30AM	M W F
HTH-901-302	HLOA: Dance Aerobics	07/08/24	09/16/24	Schummer,Judith		09:30AM	10:30AM	M W F
HTH-926-304	Functional Conditioning II	07/09/24	09/12/24	Murphy,Kimberly		08:30AM	09:30AM	T TH

	Aerobics & Strength							
HTH-936-305	Adapted Physical Education Seated Chair Exercise	07/09/24	09/12/24	Murphy, Kimberly		09:30AM	10:30AM	T TH

CLASSES ARE SUBJECT TO CHANGE

Registration can be completed **online** at portal.aacc.edu OR **paper registration** forms can be picked up at the front desk. Completed paper registration forms can be returned to the front desk or taken to one of AACC's sites (Arnold, Arundel Mills or Glen Burnie Town Center). Online registration is *highly* recommended as some classes fill quickly.

Last day to submit completed paper registration forms at the center is **Tuesday, June 25th**; after that all registration must be done online or be taken to one of AACC's sites.