

O'Malley Senior Center & Annex

FALL 2024 Course List

Registration Begins: August 20th, 2024

Course ID# & Section #	Course Title	Start Date	End Date	Instructor	Class Location (Subject to Chg.)	Beg. Time	End Time	Days
HTH-947-908	Integrative Strength/Flex II Mat Yoga	10/07/24	12/16/24	Harty, Sharon	ANNEX	09:00AM	10:00AM	M
BNS-901-901	Clothing I: Design, Sew & Sell Intermediate Garment Sewing	10/07/24	12/16/24	Richardson, Joyce	ANNEX	09:00AM	12:00PM	M
ERC-915-901	Mind Games and Brain Builders	10/07/24	12/16/24	Bruce, Peggy		09:30AM	11:00AM	M
ENG-928-901	African American Literature	10/07/24	12/16/24	Spencer, Vivian		12:30PM	02:00PM	M
HTH-947-923	Integrative Strength/Flex II Mat Yoga	10/07/24	12/16/24	Serinis, Gretchen	ANNEX	01:00PM	02:00PM	M
BNS-901-902	Clothing I: Design, Sew & Sell Beginning Sewing	10/08/24	12/17/24	Senk, Pauline	ANNEX	09:00AM	12:00PM	T
CPT-978-901	iPhone Basics	10/08/24	12/03/24	Turner, John		12:00PM	2:00PM	T
HTH-939-911	Adapted Physical Education II Chair Yoga	10/08/24	12/17/24	Harty, Sharon		12:45PM	01:45PM	T
HTH-944-902	Weight Training Older Adults	10/08/24	12/17/24	Halley, Deborah	ANNEX	01:00PM	02:00PM	T
HTH-900-901	HLOA: Ballroom Dance	10/08/24	12/17/24	Pabon, Carlos		02:00PM	03:45PM	T
HTH-945-915	Functional Conditioning 3 Circuit Training Stations	10/08/24	12/17/24	Johnson, Margaret	ANNEX	02:15PM	03:15PM	T
BNS-902-902	Clothing II: Design, Sew & Sell Intermediate Sewing	10/09/24	12/11/24	Senk, Pauline	ANNEX	09:00AM	12:00PM	W
HTH-943-908	Cardiovascular Conditioning Zumba	10/09/24	12/11/24	Krause, Mary	ANNEX	10:30AM	11:30AM	W
HTH-939-924	Adapted Physical Education II	10/09/24	12/11/24	Schummer, Judith		10:30AM	11:30AM	W

	Armchair Exercise							
LGE-967-907	Beginning Spanish	10/09/24	12/11/24	Shaw,Cristiane		12:00PM	01:30PM	W
HTH-939-926	Adapted Physical Education II Chair Yoga	10/09/24	12/11/24	Serinis,Gretchen	ANNEX	01:00PM	02:00PM	W
CRE-912-916	DPAO: Mixed Media Art	10/09/24	12/11/24	McGowan,Kathleen	ANNEX	01:00PM	03:00PM	W
LGE-982-901	Brazilian Portuguese	10/09/24	12/11/24	Shaw,Cristiane		01:30PM	03:00PM	W
CRE-912-917	DPAO: Watercolors	10/09/24	12/11/24	Rimpo, April		01:45PM	03:45PM	W
SLG-903-902	Conversational Sign Language II	10/10/24	12/19/24	Bruce,Peggy		09:30AM	11:00AM	TH
HTH-943-906	Cardiovascular Conditioning Latin Cardio Dance	10/10/24	12/19/24	Infante-Ludlum,Sandra		11:00AM	12:00PM	TH
LGA-937-902	Beginning Spanish-Part II	10/10/24	12/12/24	Shaw,Cristiane		12:00PM	01:30PM	TH
HTH-939-914	Adapted Physical Education II Chair Exercise w/ Light Weights	10/10/24	12/19/24	Infante-Ludlum,Sandra		12:15PM	01:15PM	TH
LGA-902-903	Beginning Italian	10/10/24	12/12/24	Shaw,Cristiane		01:30PM	03:00PM	TH
HTH-945-916	Functional Conditioning 3 Circuit Training Stations	10/10/24	12/19/24	Johnson,Margaret		02:15PM	03:15PM	TH
BNS-902-901	Clothing II: Design, Sew & Sell Advanced Garment Sewing	10/11/24	12/20/24	Richardson,Joyce	ANNEX	09:00AM	12:00PM	F
MUC-904-901	World of Opera	10/11/24	12/06/24	Cahill,John		10:00AM	12:00PM	F
HTH-904-903	HLOA: Line Dance	10/11/24	12/20/24	McVitty,Kate		12:30PM	02:00PM	F
HTH-939-925	Adapted Physical Education II Chair Yoga	10/11/24	12/20/24	Serinis,Gretchen	ANNEX	01:00PM	02:00PM	F
HTH-926-906	Functional Conditioning II Circuit Training	10/07/24	12/20/24	Schummer,Judith	ANNEX	11:00AM	12:00PM	M F
HTH-929-901	Functional Mobility/Balance II Intermediate/Advanced Tai Chi	10/07/24	12/16/24	Colestock,Jackie		02:00PM	02:55PM	M W
HTH-929-902	Functional Mobility/Balance II	10/07/24	12/16/24	Colestock,Jackie		03:00PM	03:55PM	M W

	Beginning Tai Chi							
HTH-925-902	Functional Conditioning I Morning Stretch	10/07/24	12/18/24	Schummer, Judith		08:30AM	09:30AM	M W F
HTH-901-902	HLOA: Dance Aerobics	10/07/24	12/18/24	Schummer, Judith		09:30AM	10:30AM	M W F
HTH-926-904	Functional Conditioning II Aerobics & Strength	10/08/24	12/17/24	Murphy, Kimberly		08:30AM	09:30AM	T TH
HTH-936-904	Adapted Physical Education Seated Chair Exercise	10/08/24	12/17/24	Murphy, Kimberly		09:30AM	10:30AM	T TH

CLASSES ARE SUBJECT TO CHANGE

Registration can be completed **online** at **noncredit.aacc.edu** OR **paper registration** forms can be picked up at the front desk. Completed paper registration forms can be returned to the front desk or taken to one of AACC's sites (Arnold, Arundel Mills or Glen Burnie Town Center). Online registration is **highly** recommended as some classes fill quickly.

Last day to submit completed paper registration forms at the center is **Wednesday, September 25th**; after that all registration must be done online or be taken to one of AACC's sites.

For all students, there is an administrative fee of \$80.00. Students aged 55 to 59 pay the \$80.00 administrative fee plus \$40.00 per course.