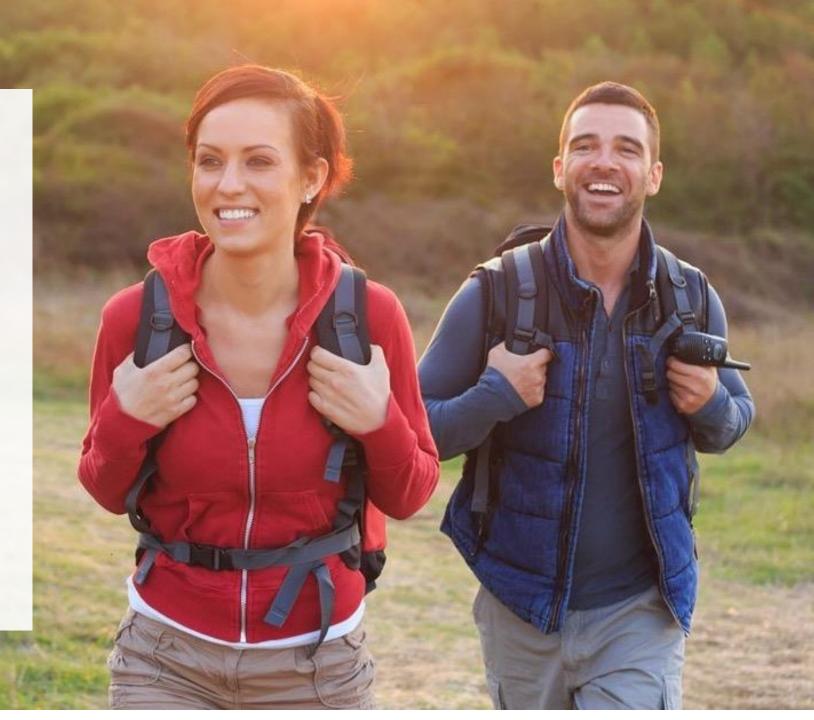
# Anne Arundel County Government

2025 Prescription Benefits Overview

October 21, 2024





# **The CVS Caremark focus**



Manages AACG's prescription benefit plan like your health insurance company manages your health benefits Works with AACG to determine what medications are covered, what they will cost, and where prescriptions can be filled Provides tools and services to help members stay on track with their medications and take care of their health

**CVS** carema

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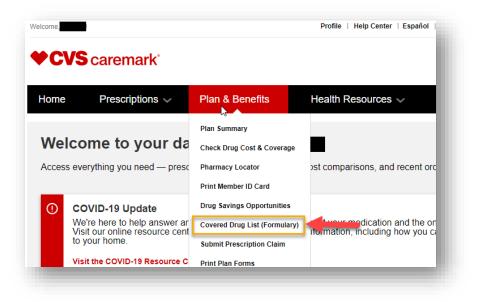
# **2025 Formulary Changes**

### **Formulary Management**

The formulary drug list contains the generic or brand medications that are covered by your plan.

• Members may log onto Caremark.com to view the most updated formulary

Quarterly, CVS conducts a review of the standard formulary. During this process, drugs may be added or removed from the coverage list.



### Members

- Impacted members and physicians will receive notification.
  - 30-45 days in advance of the change
- Specialty patients impacted by a formulary change will receive live phone calls
  - 15-30 days in advance of the change

Pre-Implementation	Post-Im	plementation
30 to 45 days prior	15 to 30 days prior	Quarterly Targeted
Targeted member and physician notifications	Live outbound calls to specialty patients	communications to affected members
 Drug lis	t information available online	



### **Tier Changes**

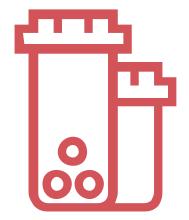


### • What is a tier change?

- A tier change is when a product changes preferred/non-preferred status.
- Members can experience both positive or negative tier changes.
- Negatively impact members will be notified of a tier change.

### What is the difference between preferred and non-preferred?

- Preferred brand-name medications are prescription drugs included on your plan's formulary drug list that have lower coinsurance/copays than non-preferred brand-name medications.
  - Generally, the lowest cost alternative options to consider are generics.
- Non-preferred brand-name medications are prescription drugs that are not included on your plan's formulary drug list and generally have higher coinsurance/copays than preferred brand-name medications.
  - Alternative options to consider are preferred brand-name or generic medications.





### **Generics save you up to 80%**

We offer many generic options to help keep your medication as affordable as possible.

#### Generic medications work just like brand-name equals

A generic has the same active ingredients, strength and dosage as its brand name equal. It provides the same quality and performance. Generics don't have high development costs.<sup>2</sup> That's why they cost you less.

### **Generics are safe**

The U.S. Food and Drug Administration (FDA) requires generics to be as safe and effective as brand name equals. Both types of medication must meet the same FDA standards.<sup>2</sup>

#### Here's how to save with generics

**Current prescriptions:** Ask your provider or pharmacist if you can replace your brand name medication with a generic.

New prescriptions: Ask your provider if there's a generic option.

For savings opportunities and personalized support, visit **Caremark.com** (after your benefits begin)



Nearly 9 out of 10 CVS Caremark<sup>®</sup> prescriptions are for generics<sup>3</sup>

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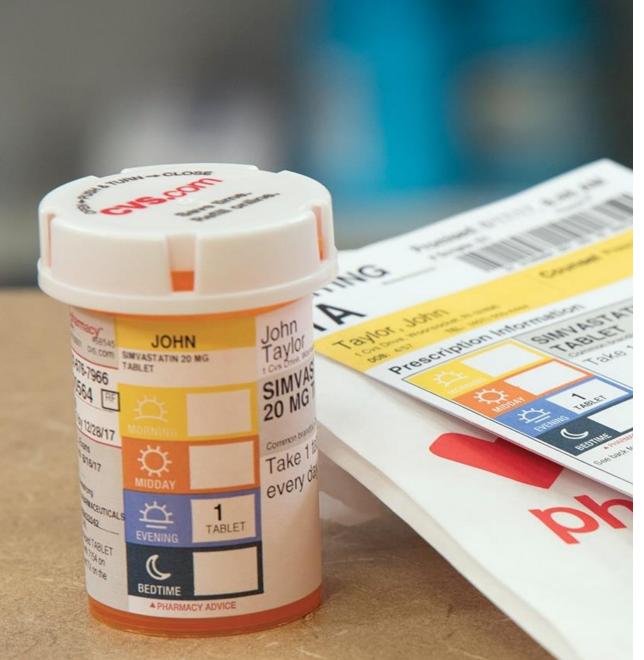
### **Maintenance Choice**



Get the medications you take regularly (such as diabetes, asthma or high blood pressure medications) in 90day supplies at CVS Pharmacy. Choose how to get your **90-day supplies**. Pick up at any CVS Pharmacy or get delivery from CVS Mail Service Pharmacy.

To find a CVS Pharmacy near you, use the Pharmacy locator tool on Caremark.com

**CVS** caremark<sup>®</sup>



# Mail Order



# With delivery by mail, members enjoy:

- Convenience: You'll have the medication you need without monthly trips to the pharmacy.
- Peace of Mind: Your prescription is filled by a licensed pharmacist. Flexibility: Members can manage orders and check status at Caremark.com or through the app.

### Getting started is easy

- Select "Start Mail Service" from the home screen
- Take a photo of your written prescription or prescription label
- Enter or update your contact information
- Tap on "Start Mail Service" to submit

Members may also call Customer Care at the number on their ID card with questions.



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# **Pharmacy Benefits Summary: 2024**

	CarePlus Retail Pharmacy	CVS Caremark Retail Pharmacy Network	Maintenance Choice CVS Caremark Mail Service Pharmacy or CVS/pharmacy
	For immediate and maintenance medication needs	Up to 30-day supply	Up to 90-day supply
Generics	\$5	\$5	\$5
Preferred Brands	\$22	\$25	\$50
Non-Preferred Brands	\$32	\$35	\$70



# **Specialty Pharmacy**

Specialty Medications are typically defined by one or

more of the following:

- Certain pharmaceuticals, biotech or biological drugs that are dispensed from a specialty pharmacy
- Used in management of chronic, complex, rare or genetic diseases
- Include: injectable, infused, inhaled or oral medications
- Require unique handling, distribution and or administration
- Require clinical management to optimize safety and adherence

### Specialty Medications are available through CVS

### Specialty Pharmacy

- Members or their providers may call 1-866-387-2573 to submit a prescription to CVS Specialty Pharmacy
- CVS Specialty can deliver medications to location of the members choice:
  - Home
  - Work
  - Pharmacy
- CVS Specialty Pharmacy Care Team is available for members with questions such as order status, billing questions and medication side effects.

### CVS Specialty Pharmacy 1-866-387-2573



# **Next Step for Members**

### Notified of a change? Consult with your doctor.



Members should consult with their doctor Review the 2023 CVS Formulary Drug List with your doctor. Determine if switching to a lower-cost alternative medication will be an option.



Check out CVS Caremark Digital Tools Members should download the CVS Caremark mobile app Or register at Caremark.com



CVS Digital tools make it easy to find ways to save money on medications and save time managing them. Cost and Time Saving

Tools to assist with reducing out of pocket costs for prescription drugs include:

- Rx Delivery by mail
- Check Drug Cost
   Coverage



90-day supplies are more convenient

Get the medications you take regularly (such as diabetes, asthma or high blood pressure medications) in 90day supplies





**Everything you need to manage your medications anytime, anywhere** 

Caremark.com and the CVS Caremark App

**Review** your plan details Check medication costs and find ways to save

Find in-network pharmacies or start delivery by mail

Order mail service refills and track shipments

View history of your prescriptions

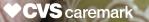
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Track progress toward your deductible or out-of-pocket maximum

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Set alerts and reminders to help you stay on track

Once you're registered, download the CVS Caremark App from your preferred app store to manage your medications on your smart phone



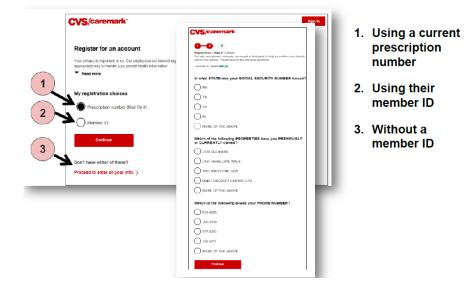
# Registering at Caremark.com

### How do I register?

# If you already have prescription benefits with CVS Caremark

Register any time using your member ID number (on your member ID card).

### Registration







### **Caremark.com landing page**

### • Guest Refill

- Allows members to refill prescriptions without the need to log in
- Just enter birthdate and prescription number

### Quick Link Icons

 Takes members directly to the area of site that they want to visit

### Registration

 Can register with or without their member ID

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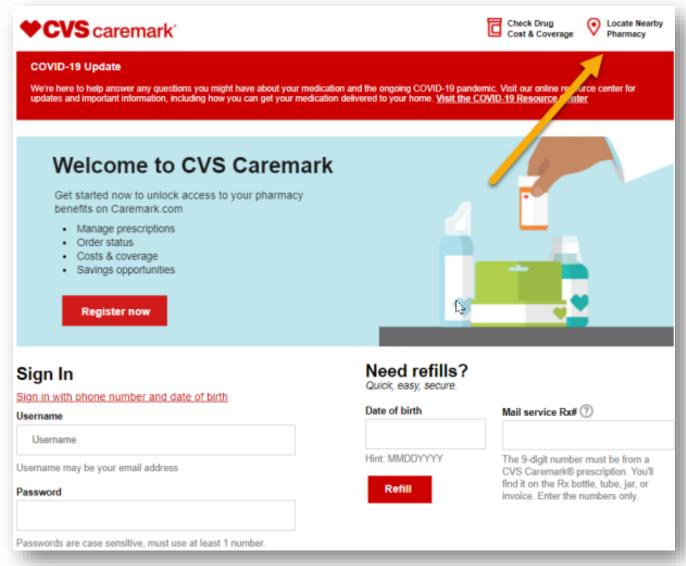
# **Pharmacy locator**

- Enter ZIP code or city and state
  - Apply filters
  - Can select a specific pharmacy, and as long as it is with their plan design, only those pharmacies will appear
  - Can select primary pharmacy
  - Can price a drug at the primary pharmacy

		Language:	English   Españo
harmacy Locator			
ur health plan includes a network of retail pharmacies that can serve you in that are near your location. Simply enter your ZIP code, city and state, tance, or filter results by specific criteria like store name, language spok	, or county and state. Limit search		
fields required unless marked optional.			
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## **Pharmacy locator**



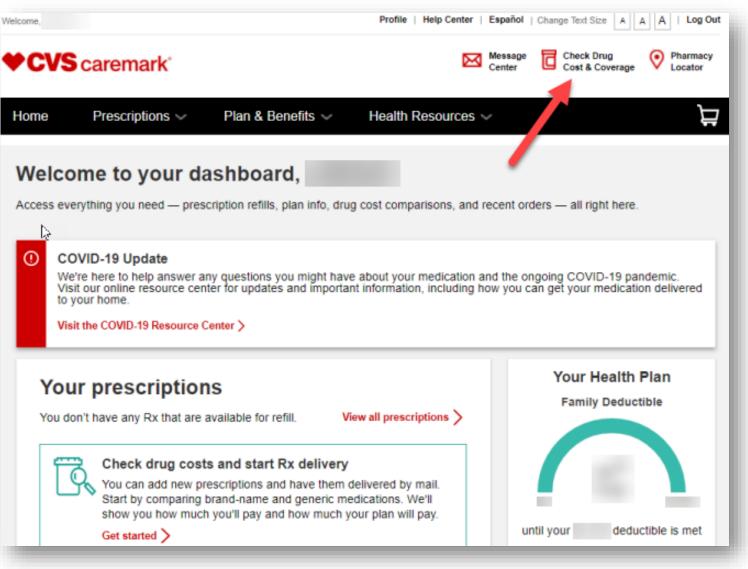
# **Check drug cost and coverage**

- To ensure members are spending health care dollars wisely, we help them:
  - $\circ$   $\,$  Search for a drug  $\,$
  - Confirm coverage
  - $\circ \quad \text{Understand cost}$
  - Explore lower-cost options
  - $\circ$  Share with their doctor

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Check Drug Cost		
Price varies by location.		
Find out if your medication is covered and what it will cost base	ed on your benefit plan. We'll show you lower-cost options, if available.	
Please keep in mind that the price shown may not accurately r depending on your benefit plan design, deductibles, previous p authorizations.	reflect what you will pay at the pharmacy. Your actual price may vary payments, pharmacy-specific pricing, future claims and prior	
Price a new drug   Price a past : Drug name search	search   Price a previously filled prescription	
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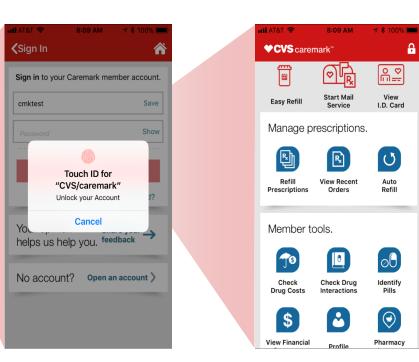
### Check drug cost and coverage





### **CVS Caremark Mobile App**

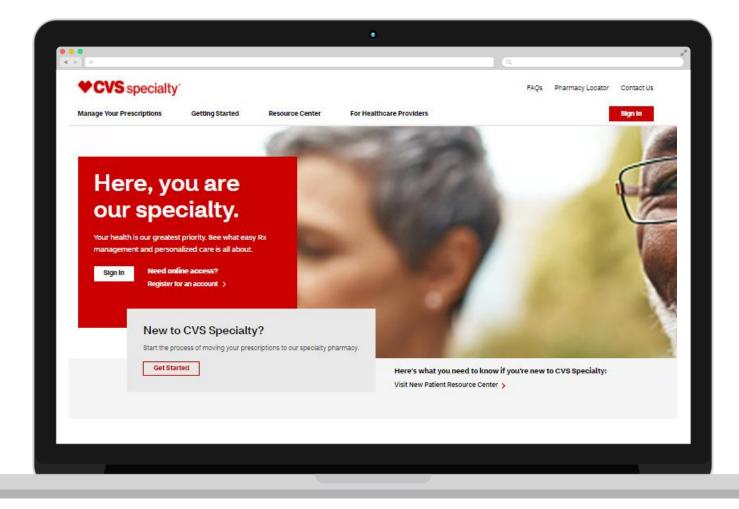




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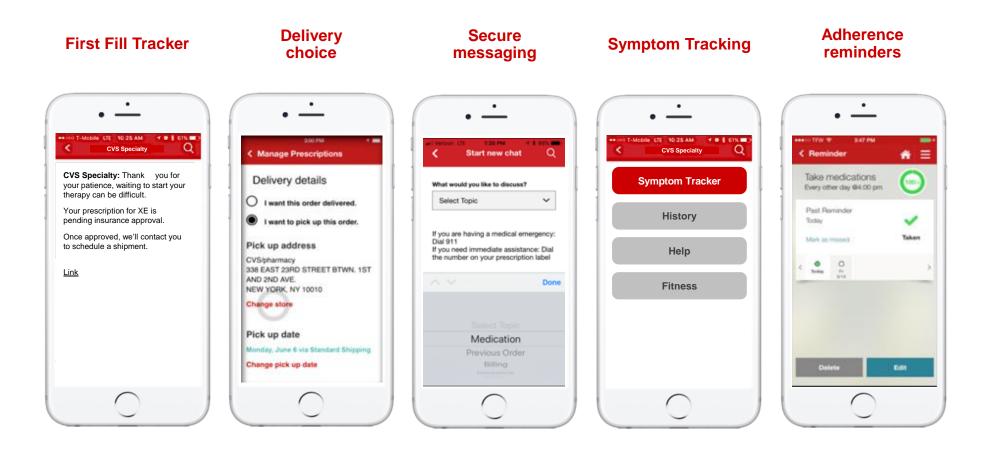
# **CVS Specialty**

- Get started with CVS Specialty
  - New patient guide.
- Refill
  - o Refill online.
  - Chose how and where you would like to receive your medication.
- Check Order Status
  - Monitor the status of your Rx order.
- Ask Questions & Get Answers
  - Send a secure message to CVS Specialty CareTeam.





## **Digital tools for Specialty patients**





**Deductible** An individual or family needs to spend this amount on medications each plan year before coverage starts; may be combined with medical benefits

**Copay or coinsurance** The amount you pay for medications once you or your family reaches the deductible and coverage starts; a copay is a flat amount and coinsurance is a percentage of the cost of the medication

Maximum out-of-pocket (MOOP) Once you or your family reach this amount, all medications are covered at 100%

**Generic medication** Has the same active ingredients as the brand-name medication; usually your lowest cost option

**Preferred brand medication** | Medication that will cost less under your benefit plan

**Non-preferred brand medication** | Highest cost option under your benefit plan

Maintenance or long-term medication Medication you take regularly, like high blood pressure, diabetes, or high cholesterol medications

Acute or short-term medication Medication you take for a short time, like an antibiotic

**Preventive medication** Affordable Care Act (ACA) preferred medications are covered at 100%; High deductible health plan (HDHP) preventive medications bypass the deductible, which means they are covered even if you haven't met your yearly deductible yet

# Terms you should know



# Terms and ways to manage your medication

Some medications require you to take additional steps, or receive additional approvals, before they are covered under your plan. These could include: **Quantity limit** A limit on the amount of medications your plan will cover. You can continue to fill prescriptions after you've reached the limit, but you'll be responsible for any additional costs.

**Step therapy** For many conditions, more than one therapeutically equivalent medication option is available and your plan may choose one medication as the preferred option. Step therapy means you need to try the preferred option first. If it works for you, you can continue to take it and may save money. If not, non-preferred medications will be covered.

**Prior authorization** This means we need more information on why your doctor has prescribed a specific medication for you. CVS Caremark reviews this information and determines whether or not your medication will be covered by your plan.

**Dispense as written** If your doctor indicates "dispense as written" on your prescription, your pharmacy can't substitute a generic for a brand name medication and you may have to pay more for the brand.

**Appeals** If we deny your or your doctor's request for coverage of a non-covered medication, you have the right to appeal that decision.

Find more information on these topics in your Summary Plan Description (SPD).

Use the Check Drug Costs & Coverage tool at Caremark.com to find out what medications are covered, if there are extra requirements for coverage, and how much they will cost.

Remember: Medications are only covered when you fill your prescriptions at a network pharmacy. Find pharmacies near you with the *Pharmacy Locator* at Caremark.com.



# **Questions?**



# Thank you

#### Legal disclaimers

Products that qualify as preventive services may be available at a lower cost share or no cost share, depending upon your plan, and may change from time to time. Please check your plan benefit materials should you have any questions about your coverage.

Flu shots and vaccines may not be available in all pharmacies at all times. Call for availability and to make an appointment, if needed. Most vaccines require a prescription (except for the flu shot). Contact your medical carrier directly to find what vaccine benefits are available at other medical facilities such as a doctor's office, urgent care, etc.

Certain drug options identified above may be subject to additional prior authorizations or other plan design restrictions. Please consult your plan for further information.

Copayment, copay or coinsurance means the amount a plan member is required to pay for a prescription in accordance with a Plan, which may be a deductible, a percentage of the prescription price, a fixed amount or other charge, with the balance, if any, paid by a Plan.

This information is not a substitute for medical advice or treatment. Talk to your doctor or health care provider about this information and any health-related questions you have. CVS

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